

## Step #7 – SINFUL OR DESTRUCTIVE FAMILY PATTERNS

These are possible generational influences that need to be exposed and renounced. This is not a comprehensive list, but it includes some sinful or destructive family patterns known to be passed along through generations.

- Keeping family secrets
- Mental illness
- Confusion of identity
- Prevailing negative thinking, especially about self: dumb, ugly, useless, worthless, inferiority, etc.
- Addictions (drugs, alcohol, gambling, food, shopping, etc.)
- Infidelity
- Divorce
- Self-Pity
- Poor parenting
- Abandonment
- False religions
- Physical abuse
- Incest
- Adultery
- Molestation
- Religious legalism (self-righteousness, judgmental)
- Emotional numbness/flatness
- Emotional isolation
- Detached
- Worthlessness
- Gender preference
- Guilt: condemnation, shame, never enough
- Racism, prejudice, bigotry
- Pride, self-sufficiency, stoicism
- Chaotic lifestyle
- Perfectionism
- Free Masonry
- People pleasing
- Control, manipulation of others
- Lazy
- Victim Mentality
- Overly dependent
- Hoarding
- Rebellion
- Violence
- Cursing
- Critical
- Unforgiving
- Jealous
- Bigotry
- Anger, rage
- Suicide
- Fear
- Abortion
- Pornography
- Unbiblical family patterns
- Occult involvement
- Witchcraft
- Unwilling to work
- Financial irresponsibility
- Lying, deceit, cheating
- Materialism
- Intellectualism
- Social status
- Lack of love and affection
- Lack of self-discipline