

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the left and right sides of the frame, creating a modern, layered effect. The central area is a plain white space where the text is placed.

# Spiritual Warfare Prayer and Practices

## **Ephesians 6:**

**10** (Finally,) be strong in the Lord, and in His mighty power.

**11** Put on the whole armor of God so that you can take your stand against the devil's schemes.

**12** For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

**13** Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

**14** Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place,

**15** and with your feet fitted with the readiness that comes from the gospel of peace.

**16** In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. (Or put it this way, take up the shield of faith which **STOPS** everything Satan can throw at you.)

**17** Take the helmet of salvation, and the sword of the Spirit, which is the Word of God.

**18** And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.

**19** Pray also for me, that whenever I open my mouth, words may be given me so that I will fearlessly make known the mystery of the gospel (20) for which I am an ambassador...

**1 John 3:8** Jesus came to undo the works of Satan

**James 4:7** Submit to God and resist the devil (as Christians, each of us must assume our responsibility to stand against our enemy)

**1 John 5:18** I am born of God and the evil one cannot touch me

“Dear Heavenly Father, You are present in this room and in my life. You alone are all-knowing, all-powerful, and everywhere present and I worship You alone. I declare my dependency upon You, for apart from You I can do nothing. I chose to believe Your Word, which teaches that all authority in heaven and on earth belongs to the resurrected Christ, and being alive in Christ, I have the authority to resist the devil as I submit to You. I ask that You fill me with Your Spirit and guide me into all truth. I ask for Your complete protection and guidance as I seek to know You and do Your will. In the wonderful name of Jesus I pray, Amen.”

“Declaration: In the name and authority of the Lord Jesus Christ, I command Satan and all evil spirits to release their hold on me in order that I can be free to know and choose to do the will of God. As a child of God who is seated with Christ in the heavenly places, I declare that every enemy of the Lord Jesus Christ in my presence be bound. God has not given me a spirit of fear, therefore I reject any and all condemning, accusing, blasphemous, and deceiving spirits of fear. Satan and all his demons cannot inflict any pain or in any way prevent God’s will from being done in my life today, because I belong to the Lord Jesus Christ.”

2. I recognize that Jesus Christ is the Messiah, the Word who became flesh and dwelt among us. I believe that He came to destroy the works of the devil, and that He disarmed the rulers and the authorities and made a public display of them, having triumphed over them.

(John 1:1, 14; Colossians 2:15; 1 John 3:8)



5. I choose to be strong in the Lord and in the strength of His might. I put no confidence in the flesh, for the weapons of warfare are not of the flesh but are divinely powerful for the destruction of strongholds. I put on the full armor of God. I resolve to stand firm in my faith and resist the evil one.

(2 Corinthians 10:4; Ephesians 6:10-20; Philippians 3:3)

6. I believe that apart from Christ I can do nothing, so I declare my complete dependence on Him. I choose to abide in Christ in order to bear much fruit and glorify my Father. I announce to Satan that Jesus is my Lord. I reject any and all counterfeit gifts or works of Satan in my life. (John 15:5, 8; 1 Corinthians 12:3)

7. I believe that the truth will set me free and that Jesus is the truth, If He sets me free, I will be free indeed. I recognize that walking in the light is the only path of true fellowship with God and man. There, I stand against all of Satan's deception by taking every thought captive in obedience to Christ. I declare that the Bible is the only authoritative standard for truth and life.

(John 8:32, 36; 14:6; 2 Corinthians 10:5; Timothy 3:15-17; 1 John 1:3-7)

11. I believe that the Lord Jesus has all authority in heaven and on earth, and He is the head over all rule and authority. I am complete in Him. I believe that Satan and his demons are subject to me in Christ since I am a member of Christ's body. Therefore, I obey the command to submit to God and resist the devil, and I command Satan, in the name of Jesus Christ, to leave my presence.

(Matthew 28:18; Ephesians 1:19-23; Colossians 2:10; James 4:7)

....Therefore, having submitted to God, I now by His authority, resist the devil, and I command every spiritual enemy of the Lord Jesus Christ to leave my presence. I put on the full armor of God and I stand against Satan's temptations, accusations, and deceptions. From this day forward I will seek to do only the will of my Heavenly Father.