

WHAT IS THE TRUTH?

Our Old Programming How I FEEL = LIES	Our Blessings in Christ What is TRUE about me
1. I am unloved.	I am very loved – John 15:9; Romans 8:35-39; Eph 2:4-6; I John 3:16; 4:10, 19
2. I am unacceptable.	I am accepted – John 15:15-16; Eph 1:3-6
3. I am unworthy.	I am worthy – Romans 8:31-34; I Cor 6:19-20; II Cor 5:21
4. I am inadequate.	I am adequate – II Cor 2:14; 3:5-6; 12:9; Phil 4:13
5. I am a failure.	I am victorious – Rom 8:37; II Cor 2:14; I John 5:4
6. I am fearful.	I am free from fear – Ps 4:8; 27:1; 32:7; II Tim 1:7; I John 4:18
7. I am anxious.	I am content – Ps 4:8; 37:5; 55:22; Phil 4:6-7, 11; Heb 13:5; 1 Pet 5:7
8. I am weak.	I am strong in Christ – Acts 1:8; II Cor 12:9-10; Eph 1:19; 3:16; Phil 4:13
9. I am not very smart or good enough.	I have God's wisdom – John 15:15; 16:13-14; I Cor 1:30; James 1:5; I John 2:20-21, 27
10. I am in bondage.	I am free – John 8:32, 36; II Cor 3:17, Gal 5:1, 13a
11. I am unwanted & belong to no one.	I have been adopted by God and am His child – Rom 8:16, 17; Gal 4:5-7; I John 3:2
12. I feel guilty.	I am totally forgiven – Eph 1:7; 2:13; Col 1:14
13. I am depressed.	I have the joy of the Lord – John 15:11; 17:13; Rom 15:13; I John 1:4
14. There is nothing special about me.	I have been chosen, set apart by God – John 15:16; I Cor 1:30; 6:11; I Peter 2:9
15. I am hopeless.	I have all the hope I need – Rom 8:20-25, Rom 15:4, 13; Col 1:26-27; I Peter 1:3
16. I feel condemned.	I am blameless – John 3:18; 5:24; Rom 8:1
17. I am alone.	I am never alone – Rom 8:38-39; Heb 13:5
18. I can't reach God.	I have access to God – Eph 2:18; Heb 4:14-16; I Peter 2:5, 9; I John 5:14-15
19. I am afraid of Satan.	I have authority over Satan – Col 1:13; 1 John 4:4; Rev 12:7-11
20. I have no confidence.	I have all the confidence I need – Prov 3:26; 14:26; 28:1; Eph 3:12; Phil 1:6, Heb 10:19; I John 5:14